



# Activity Highlights

*Tibetan Homes Foundation*

## Saturday Activity classes



the class works. Why not give a space for the children to show up their talents?

An activity class was started in the school. Saturday environment in school will be more active these days. Different classes of stuff toys, knitting, music class, fine arts, painting, stitching, card making, waste management, golden words, graphic etc were initiated. Student's were made to make their own choice for enrollment in the activity classes.

The most interesting is the "Photography and Cinema" class. A total of 191 children showed



Saturday couldn't be more beautiful if the project "Saturday Activity Class" was not implemented. The last day of the week is mostly dormant and student's shows less interest in

interest in the class. A team of eight staff were arranged to lead the class. Two teachers and a middle school boy was also sent for a short term workshop. The project was kindly supported by Tibet Relief Fund, UK. The workshop participants were to train the photography team staff who will thereafter teach the students.

The activity class was started at all three branches of Tibetan



### Special points of interest:

- Saturday classes
- Photography club
- Birthday celebration
- Prayer wheels
- Capacity building
- Graduation day
- Winter Program
- Founder's Day
- Visitors
- Projects
- Yoga and Meditation

## Pilgrimage Trip (4th to 19th Jan)

The winter pilgrimage trip cum exposure becomes one of the most awaited gift to our children who remains back at school during the two months winter holiday. This year, a group of 45 children with three staff

became a part of the project. The group left on 4th January and return safely on 19th January. They were able to visit different holy places in and around Bodh Gaya with a special blessing from His Holiness the Dalai Lama. The

trip turns precious with the group being able to attend the Kalchakra Initiation at Bodh Gaya. Dolma shared with her home mother, "I read about Varanasi, Nalanda University, The Buddha's enlightenment tree etc in

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### 26th Graduation Day (April—7)



A moment of accomplishment for all the graduating children and the staff members. The day started with a scarf ceremony to all the outgoing children at the school "Tsering Dolma" Auditorium. A thank you note from outgoing school boys' and girl's captain was the highlight of the day. It was inspiring as they expressed their gratitude to all

the working members who contribute in one way or the other in moulding them for "what they are today" and "what they are going" to achieve in the journey ahead. They expressed their whole-hearted gratitude to their sponsors and the sponsoring associations without whose support Tibetan Homes Foundation won't be able to sustain to work effectively. A

farewell tea party at the school basket court was a moment to cherish. Graduating children hugging each other, their juniors, their friends and the staff with



### Montessori Rhymes Presentation (May 12):



I always waited for this day! It is the day when all the lovely kids from Montessori section presented us with their innocent introduction and rhymes. The kids from stage – I (not more than 3 and half years old) were introducing themselves with their parent name and so innocent when few forgot or

mispronounce their parent and even their middle name. The environment at the school auditorium was very special that day with the presence of our friends from United Kingdom. The kids were gifted with a doll from the visitor friends also.



### 55th Founder's Day (April 23)



Every year, as we celebrate the Founder's Day, we express our gratitude towards all those people who supported us and who are supporting us to work effectively. Tibetan Homes Foundation celebrated its 55th Founder's Day with Dekeyling Tibetan Settlement officer as chief guest on the oc-

casion. His speech includes the importance of service to our community in different capacities. A huge applause from the audience showed thank you to the Indian people and the Indian government. Eight staff was awarded with citation for their 20 years of service to

the foundation. The best students of the school were given prizes and the environment club members were thanked for the volunteer participation in keeping the environment of the school clean. The highlight of the ceremony was the presence of our alumni friends from

## Projects Implemented

**Waste Management:** A one day workshop was organized for our environment club incharge Mr. Lhakpa Kalden la and four students with the waste warriors club, Dehradun. The motive of the workshop was to receive practical guidelines for how to manage compost of the waste products. Our environment club members under the guidance of the in-charge will be trying for a future make up of "Khimtsang Pit Compost (KPC). The club members were provided with waste management accessories assisting them to keep the school environment clean.

**Sanitation Renovation :** In order to minimize the health issues arising out of unhygienic sanitation, renovation of school toilets were carried with the financial help from Norzang Foundation, Switzerland financial support. The reparation of toilets and washroom in family homes were also necessary for a hygienic environment. Renovation of two larger family homes were an average of 40 to 50 children stays together was completed with the financial support from CTA, SARD—PRM. We are trying to implement the necessary renovation as and when we receive support.

**Kitchen Reparation :** SOS family homes is the place where our small kids stay together. The condition of the kitchen of these family homes needs reparation at earliest. We are thankful to Fundacion Heres, Spain for their financial assistance to renovate kitchens of 6—Smaller and 6—larger family homes. The project is in progress.

**Floor Cushion:** Tibetan Homes foundation being located in a hilly area experienced cold weather almost all year through. All the functions and programs of the school were held at the school auditorium where children's were grouped together on the floor to attend the function. The floor cushion was helpful for the children during these functions especially where there is a long hour program like cultural programs . Thank you AET France for the support.

**Old Age Home Renovation:** Our gratitude to German Aid to Tibetans for the reparation of Old Age Home, Mussoorie . The collapse of retaining wall and the sanitation area due to heavy rainfall last year made the elders shifted to Rajpur Old Age Home. The risk of the building collapse was alarming. The renovation was completed and all the elders were safely relocated to GAT Old Age Home by the beginning of this year.

**Kitchen Utensils :** Children's were provided with new cups, plates, spoons and soup bowls with the support from Fundacion Heres. Supplement smaller size kitchen utensils were provided to all the family homes with the financial aid. The project was completed successfully.

**Old Age Home Rajpur—A dream to provide smooth evening life:** An average of 70 to 80 elders live in the Old Age Home Rajpur will have a cultural amenities in surrounding their home. A prayer wheels with proper walking path and resting chairs project is in progress. Our sincere thanks to Norzang Foundation for their financial aid to actualize this dream of providing smooth evening life to our elders living with us.

**Water Treatment Plant:** Provision of drinkable to our children has always remain as one of our priority projects. The high percentage of lime content in water especially during the monsoon when the water are undrinkable always alarm our management. Our sincere thanks to German Aid to Tibetans for their support to install 2 plant.

## Activity Highlights

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### 82nd Birthday Celebration



The celebration of His Holiness' Birthday is always a special day for all of us here. We gathered at 7:30 in the morning at the Dalai Hill. All of us prayed together, hoisted flags and lit incense and eucalyptus. This was followed by cutting of birthday soorie, Rajpur and Gohri cake and cultural presentations. The day started with a prayer gathering for the long life of His Holiness with Central School For Tibetan Children at the Hill called "Dalai Maf". The day was celebrated together with staff and children. A special meal was provided to all the staff, children and local Tibetan People on the day.

### Capacity building activities

**Positive Parenting Skill (17th June) :** Home parents and SOS mother's plays a major role in the effective nurturing of a child. A positive parenting skills workshop was organized by THF under the guidance of General Secretary and attended by foster parents of Mussoorie, Rajpur and Gohri Mafi.

**Higher Order Thinking Skill (17<sup>th</sup> June) :** Tibetan Homes Foundation organized a half day workshop to our trained graduate and post graduate teacher in the school auditorium. A total of 32 - teachers participated in the High Order Thinking Skill (HOTS) short term workshop. Mr. Gyaltsen, Education Program Coordinator, Tibet Fund, Dharamsala was the resource person. The workshop was organized at THF Rajpur branch school also where all the teachers participated actively.

**Intensive Meditation workshop ( 8th to 10th , May):** A three days intensive workshop was organized by Tibetan Homes Foundation Mussoorie from 8th to 10th May in the school campus. The participation from staff and the senior students were the highlight of the workshop. The main motive of the meditational workshop was give a try for a stress free education environment to our children.

**Tibetan Language Teachers Workshop ( May 2–11):** Ten days workshop was organized by THF Mussoorie at its branch school Rajpur. All the Tibetan language teachers attended the workshop under Ven Beri Palden aka Beri Gyal-se (prince) as the resource person.



*Seed of Peace*

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**Our Institutional Mission:**

*To care for the orphans, semi-orphans and the destitute Tibetan refugee children in exile.*

*To provide homely care for secured upbringing and education to empower them to be self-reliant and contributing members of community.*

*To sustain and promote Tibetan language, cultural values and traditions to preserve Tibetan identity.*

*To provide care to the destitute elders who are vulnerable and support less in the evening of their lives.*

*To render social services in the form of Outreach Community Initiatives.*



**At the family homes - Senior Children**

