

Hope One World

Registered Charity No. 1016550

'Believe in the power of education to achieve positive and lasting change'



OCTOBER 2023

Greetings to all of HOW's supporters and colleagues everywhere!

This October 2023 newsletter is to update everyone on what's been happening with Hope One World since the last newsletter

A Message from Mary, Chair of Hope One World.

Thank you for taking the time to read this short newsletter and stay up-to-date with the charity's plans and activities.



I would like to record my warmest thanks to all Committee members who have contributed to the work of the charity this year, including stall management, maintenance of the website, control of finances, calendar design, and nurture of partnerships with colleagues overseas. Hope One World continues to be driven by the needs identified by our partners, and reciprocity remains at the heart of our guiding principles. We are in regular discussion with partners about their professional development needs, and we hope to offer professional development programmes in 2024 and beyond according to the priorities they identify.

We understand that the current cost of living situation is putting many people under severe financial strain. However, we do still appreciate any support you can offer, however modest. Every penny that is donated directly funds the work of Hope One World volunteers.

2023 Project: Tibetan Children's Village (TCV) Upper Dharamsala



Communications with Tibetan Children's Village (TCV) Upper Dharamsala during the autumn of 2022 resulted in their request for a Mathematics programme to take place in April 2023, with a focus on primary-secondary transition. Three HOW volunteers were involved: Mary Stevenson, Bev Judson and Debbie Prendergast. The team comprised a blend of secondary and primary expertise, and each member was able to contribute areas of their own particular interest and strength.



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An important feature of the visit was that the team was in Dharamsala at the same time as Liz MacGarvey, who stays in Dharamsala for around two months, twice each year. Liz had liaised with the TCV leadership over some considerable time to help plan the HOW visit and bring it to fruition. Her presence and assistance during the visit had a huge impact in terms of making introductions, helping the team to settle in and to enjoy their time at TCV and in Dharamsala more generally.

It is significant that this was the first official HOW programme to take place at TCV for 15 years. Liz's regular work with TCV and her continued support for the school during this time has kept the link very much alive. We look forward to continuing to work with TCV in the future.

In advance of the visit, Mary was in regular contact with the Maths Resource Teacher, Sonam Gyalpo. Sonam was instrumental in liaising with the teachers about their professional development needs, sending information to the HOW team and helping the team to plan the programme. Sonam also offered to request a blessing from the Dalai Lama for the HOW team. After further liaison with the office of the Dalai Lama, this was arranged for 12th April. We were part of a public audience and were able to greet His Holiness, receive his blessing and be photographed with him, which was a great honour.



We have stayed in touch with Tibetan Homes Foundation (THF) Mussoorie/Rajpur, who were also seeking Mathematics support. Although we could not offer a full programme to THF this year, we were able to arrange for Bev and Mary to make a short fact-finding visit to Mussoorie after finishing at Dharamsala. This gave us an opportunity to meet with teachers and school leaders and to discuss their professional development needs, with a view to HOW offering a Mathematics programme in 2024.

On a more practical note, we tested out the hotel accommodation at Happy Valley, which is more comfortable than the THF guest house and we think will be suitable for HOW teams in the future.

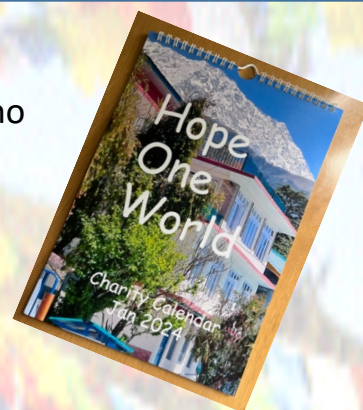
HOW 2024 Calendar

Thank you to Jane Dicks, a returning member of Hope One World, who this year produced our 2024 Calendar. Jane was a member of a project to Mussoorie and Rajpur in India in 2015.

Welcome back Jane!

Calendars and Cards available to order. Please contact HOW via email:

info@hopeoneworld.org.uk



Hope One World needs you!

**Interested in volunteering for Hope One World?
Then read on.....**



A Personal Report on Project 2023 by Debbie Prendergast

In 2000, I was fortunate in being able to join a Hope One World project to Lilongwe Children's Village in Malawi, Africa. I was a final year teaching student at the time and the experience was incredible. I soon began my teaching career and then had my son, Ethan. Although always dear to me, I was not an active member of HOW but remained connected and looked forward to news of the latest HOW activities. In 2022 this changed when I responded to an email, inviting me along to an event. I made contact with Mary Stevenson and we had a lovely meeting over coffee. Before I knew it, I was delighted to be welcomed as a trustee! Such a privilege.

In April of this year, I attended my first project as a professional, along with Mary, Bev, and wonderful support from Liz. I could not have been with more supportive, lovely people and felt at home with them from the very start, even as I arrived at the wrong terminal at Manchester airport!

Our long journey was tiring but well planned and we arrived safely in Delhi in the early hours. We spent a full day sightseeing before flying on to beautiful Dharamsala the next day. The staff at Tibetan Children's village made us so welcome (the monkeys, cows and dogs made an entrance too!). The first few days were surprisingly cold and as I had packed for hot weather, I slept in most of my clothes to keep myself warm. This soon changed and we enjoyed beautiful weather showing the incredible Himalayan mountains surrounding the school.



The accommodation had everything we needed including a living area as well as the bedroom and a bathroom- complete with a bucket to get washed 😊. To top it all, we were truly spoilt with delicious home-made meals cooked for us daily.



The focus of the workshops for the teaching staff was Mathematics and 18 teachers from various TCVs joined us from across the area. Each of us had an area of expertise for our sessions: Mary - curriculum coherence and teaching for mastery; Bev - practical workshops on data and I.T.; I looked at adaptive teaching and addressing the needs of all pupils. In spite of my initial nerves the workshops were really well received and all the teachers engaged and shared their own wonderful ideas and allowed us to observe their lessons too and meet their students, who were a delight.

The hospitality and support we received is something I will never forget and I hope I will have the opportunity to return and work together with the wonderful dedicated staff again, as well as experience the beautiful country of India.

An Alternative Report on Project 2023 by Bev Judson

The project began weeks before the actual journey started, with Zoom meetings with the Maths Resource Teacher, Sonam Gyalpo. He was so helpful and welcoming and when we finally met him on arrival at the airport in Dharamsala, quickly showed us his lovely sense of humour.

I have been a volunteer on 3 previous projects which have all been at Mussoorie and Rajpur. I love the staff, children and all involved at both schools. They have always been so lovely to work with. I felt that my experience at Dharamsala had a lot to live up to. And it surely did!

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The Peace House was a wonderful place to stay. From the cooks to the cleaners, all staff were keen to help. A lovely lady would even do our washing in a huge washing machine! It felt like a family affair. The food was indeed amazing. I must point out that you need to take care to taste small dishes before consuming in volume. I put a good spoonful of what looked like a small side salad onto my plate. I got stuck in with my usual enthusiasm and spooned a mouthful of the luscious looking food plus side salad (or so I thought!) into my mouth. Oh dear God, within seconds I was on fire and I don't just mean my mouth. It felt like my whole head was about to combust! Sonam Gyalpo La sat down in front of me with his food, took one look at me and ran out to get a bottle of water. It would have been preferable to have a hose pipe! I have to tell you, everything I drank the rest of the afternoon just triggered the fire *and* the tittering from Mary and Debbie. Cruel pair!

Sonam was determined that we see as much of the area as possible. So not all work! In particular, I recall a short walk as Sonam described it up to a temple called Naddi Castle in the mountains. As a 63-year-old with reasonable fitness, I thought I was going to find it ok, especially as I had been in training by going up and down all the steps and slopes to the school from the Peace House. However, I definitely wasn't prepared for the 5-hour hike which we did that afternoon. Uphill was really hard but well worth it for the views!



At first, we walked through an amazingly tranquil and beautifully peaceful area of the mountain which was used by monks to meditate and pray. It was festooned with prayer flags. So soothing a place to sit and chill.

We then continued on up a steep mountain road to Naddi Castle in the mountains. A large transport minibus passed us on the road up, filled with hikers and their hiking gear piled on top of the bus. They all looked out of the side windows at the crazy people walking up the mountain and disappeared around a sharp bend. Hmmm! As we rounded the corner we had to move sharpish to the side of the road as next thing, the minibus came back down in reverse. It couldn't make the slope. The driver finally brought it to a standstill, and they all had to get out and hike up like the rest of us 😊😊. Marks for trying however!

The last night of our stay in Dharamsala brought out the talents of the group who had organised a meal and entertainment. This took place at Redeem, a local hotel which of course was a steep walk up a hill. There was a sheer drop out at the back. The view was spectacular. I had emailed Sonam to let him know that it was Mary's birthday. Boy did she get a surprise! The staff presented her with a large chocolate cake and then every one of them placed a scarf around her neck, one at a time. It was hilarious by the end as Mary was practically buried in white silk scarves.



A night for Mary, Debbie and myself to remember with great fondness. There was much singing to guitar music, played by one of the Primary teachers and lots of Tibetan dancing that night. It was awesome. A truly fantastic end to a wonderful two weeks.

The workshops were delightful to deliver and to support. The staff attending were quiet and so respectful but enthusiastic to learn and to share their own ideas. As the week progressed, their true characters began to emerge. What a joyous bunch! They were funny, animated and some were absolute jokers. We all made some lovely friends and I hope to meet them all again in the future.

Fundraising

Small-scale fundraising is the main source of funding for all our projects. Thank you to all who have contributed to this throughout the year.



Fundraising via the Enthuse platform has been strong this year, and more events will be taking place soon. Thank you to all who have contributed to the fundraising effort, whether by staffing the stall, taking part in sponsored challenges, organising events, or private donations. Every penny goes to fund our valuable work, and without it we simply would not be able to do this work.

The Hope One World stall has had several outings recently including The Mouse restaurant, Brimstage (August 2023), St Stephens family fun day, Prenton (September 2023). Thank you to the event organisers for giving us space for our stall!

Future Fundraising

More events for the stall are planned soon, including central Liverpool (October 2023), Brimstage Christmas fair (December 2023). Watch the HOW website for more information!

If you know of any craft fairs or similar where we might be able to run the stall, please contact us. We need more opportunities to sell our beautiful Indian and Tibetan scarves, jewelry and handicrafts, and raise much-needed funds for HOW! Hope One World needs your help to continue to support our overseas partners.

Hope One World needs you!

A message from Mary Stevenson, Chair of HOW:

“Hope One World is seeking well balanced, committed volunteers who are able to work within a supportive and open-minded team”.



We are starting to recruit volunteers for projects in 2024. If you are interested in applying and would like more information simply email us.

Email: info@hopeoneworld.org.uk

Website: www.hopeoneworld.org.uk/

Making a donation online....



If you would like to make a donation to Hope One World online, full details of how to do this can be found on our website www.hopeoneworld.org.uk/. Please use the links to **Enthuse** and use Gift Aid if you are a tax payer.

<https://hopeoneworld.enthuse.com/Page1>

We would like to thank....All HOW Members and Supporters who donate online: Parish of Our Lady of the Annunciation; Bishop Eton; Liverpool for the use of the Hughes Meeting Room.

Hope One World is supported by tutors and teachers from University of Chester, King David Primary school, Liverpool, National Centre for Excellence in Teaching Mathematics.